

GAME ON!

NRPA'S PARK AND RECREATION MONTH - JULY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Adult Intro to Tennis Jr. Tennis Camp	2 Painting Class	3 Park Prize Pack	4 4th of July Celebration	5 Fitness Friday	6 #MCTXFit Challenge
7 #GameonJuly	8 Teen Pickleball Adult Intro to Tennis Jr. Tennis Camp	9 Senior Casino Trip Free Lacrosse Clinic	10 Park Prize Pack Free Softball Clinic	11 Ice Cream Social Survey	12 Fitness Friday PickleDon	13 Wimbledon Social Free Softball Clinic #MCTXFit Challenge
14 #GameonJuly	15 Adult Intro to Tennis Basketball Camp Jr. Tennis Camp	16 Teen Ping Pong	17 Park Prize Pack	18 Breakfast Bingo	19 Fitness Friday	20 #MCTXFit Challenge
21 #GameonJuly	22 Teen Pickleball Adult Intro to Tennis Jr. Tennis Camp	23 Free Lacrosse Clinic	24 Park Prize Pack Free Softball Clinic	25 Senior Foodies	26 Full Court Friday Fitness Friday	27 #MCTXFit Challenge
28 #GameonJuly	29 Teen Pickleball Adult Intro to Tennis Jr. Tennis Camp	30 Book Talk	31 Park Prize Pack	JULY 2019		

4th of July Celebration

Thursday, July 4 6:00-9:00 pm

Buffalo Run Park (1122 Buffalo Run Blvd), Cost: Free

Missouri City's patriotic tradition offers plenty of fun and excitement for the whole family! From 6-9 pm, enjoy a variety of free activities and food for purchase. The fireworks show will begin at 9:15 pm and stadium seating will be available at Thurgood Marshall High School.

Adult Intro To Tennis

Mondays, Rec & Tennis Center

Cost per class: 1 player- \$85, 2 players- \$40 each, 3 players- \$25 each, 4+ players- \$20; \$5 discount for Rec Members

It's never too late to try out a new sport! Learn basic tennis strokes, etiquette, scoring and game strategy in this introductory class. For more information or to register, call 281-403-8629.

Basketball Camp

July 15-19, 1:00-4:00 pm

Rec & Tennis Center, Cost: \$125 for the week

Participants will learn ball handling, shooting, perimeter play, post play, defensive techniques and more. This camp is for ages 7-14. Register at the Rec & Tennis Center or by calling 281-403-8637.

Breakfast Bingo

Thursday, July 18, Doors open at 9:00 am

Rec & Tennis Center, Cost: \$5

The Missouri City Parks & Recreation Department hosts senior bingo monthly for area residents who are 50+. Visit with your peers, enjoy breakfast and play bingo for great prizes!

Book Talk

Tuesday, July 30, 10:00-11:00 am

Rec & Tennis Center, Cost: Free

Book talk meets the last Tuesday of the month. RSVP to receive the list of books for upcoming meetings by calling 281-403-8637.

Fitness Friday

Fridays, 12:30-2:00 pm

Rec & Tennis Center

Cost: Free for members, \$5 for non-members

This circuit training class provides flexible start times allowing participants to sweat and shower within an hour. Drop in any time from 12:30-2:00 pm to increase your strength and aerobic fitness.

Free Softball Clinics

Wednesdays, July 10, 24, 6:00-7:00 pm

Saturday, July 13, 9:30-11:00 am

Sta-Mo Sports Complex, Cost: Free

Free softball skills & drills clinics will be offered several Wednesdays and Saturdays throughout the summer at Sta-Mo park. Girls ages 6-16 are invited to attend. Call 281-403-8637 to register.

#GameonJuly

July is Park and Recreation Month and we're celebrating by highlighting all the fun and games our parks have to offer! Here are a few ideas of games you can play in a few of our parks! Share with others on social media how you #GameonJuly!

@ Buffalo Run Park

Bring your volleyball to serve up some fun on the sand volleyball court

@ Community Park

Test your frisbee aim at the disc golf course

@ Roane Park

Check out your dodging skills in the gaga pit

@ Quail Green West Park

Shoot some hoops under the covered basketball court

Ice Cream Social Survey

Thursday, July 11, 1:00 pm-3:00 pm

Rec and Tennis Center

Cost: Free

Share your feedback about the Recreation & Tennis Center, local parks, program offerings, and events and receive ice cream in return!

Jr. Tennis Camp

Weekly camps through August 9

Rec & Tennis Center, Cost: Varies, see flyer

Missouri City Parks & Recreation is proud to team up with King Daddy Sports to offer a variety of tennis camps for beginner, intermediate, and USTA tournament players.

#MCTXFit Challenge

Try a new fitness challenge while exploring your local parks! Take a picture and share on social media with the hashtag #MCTXFit once you've completed the challenge!

@ Hunters Glen Park

Complete one circuit of the outdoor exercise equipment

@ Buffalo Run Park

Climb to the top of the observation tower 5 times

@ Community Park

Complete 2 loops on the walking trail

@ Oyster Creek Trail

Walk along the Edible Arbor Trail and count how many fruit tree varieties you see

Park Prize Pack

Wednesday, July (3, 10, 17, 24, 31), All day

Various Parks in Missouri City, Cost: Free

July is Parks & Rec month and we're celebrating with a special scavenger hunt in Missouri City parks! Follow along on the City's Facebook page for clues to find the hidden #parkprizepack.

Pickledon

Friday, July 12, 6:30-10:00 pm

Rec & Tennis Center, Cost: \$15 per player, \$5 discount for Rec Members

Join us for an evening of Pickleball fun with an adult co-ed doubles social tournament featuring fun prizes for the winning teams!

"Wimbledon-style" attire suggested. Grab a partner and sign up soon!

Senior Casino Trip

Tuesday, July 9, 7:30 am-6:00 pm

Rec & Tennis Center, Cost: \$10

Travel with great company to the Delta Downs Casino! Sign up at the Rec & Tennis Center or by calling 281-403-8637.

Senior Foodies

Thursday, July 25, 11:30 am

Cheddars (803 Bonaventure Way), Cost: Participants pay for lunch

Dine with fellow Missouri City seniors at a local restaurant! If you plan to attend, please call the Rec Center at 281-403-8637 to RSVP.

Teen Pickleball

Mondays, July 8, 22, 29, Aug 5 1:00-2:30 pm

Rec & Tennis Center, Cost: \$40/ 4 week session, \$15/ drop-in class

This class is for ages 13-18 and will teach the rules and basics of pickleball, a racquet sport that has elements similar to badminton and tennis. Join us to learn a new sport this summer!

Teen Ping Pong

Tuesdays, through Aug 6, 1:00-2:30 pm

Rec & Tennis Center, Cost: Free for members, \$5 day pass for non-members

This program is for ages 13-18 and offers a chance for ping pong players of all levels to work on their skills. Paddles and balls are included. ID required at the time of rental.

Wimbledon Social

Saturday, July 13, 9:00 am

Rec & Tennis Center, Cost: \$15 per player, \$5 discount for Rec Members

Join your friends and fellow tennis players for what is sure to be a jolly good time! For more information call 281-403-8629.